

The Option Method Institute

Education based on the teachings of Bruce Di Marsico

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Trusting your learning

The Freedom not to Change

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Bruce Di Marsico

Trusting your learning

Do you go from believing one thing is true, to believing another thing is true? When you do this that's how you know you can trust yourself. You know you can change your mind, and will always go to what you believe is true.

Now, you have believed that changing your mind means you shouldn't trust yourself. Parents try to do that to children. "I know better. You can never trust yourself, you must trust me."

When you bump into a wall, you now realize that what you believed wasn't true. And what do you use that for? To show yourself that you are growing, learning, taking on new truths as you find them? Or, that there was something wrong with you for not knowing these truths before you knew them?

The Freedom not to Change

Can you ever do something you shouldn't have done? Will you ever do something you shouldn't have done? Could you ever "play" yourself wrong? How could you not be perfect?

Perfect people aren't wedded to anything, except what they feel like being wedded to. Since I am perfect, I could never change, or I could always change. It is not imperative for me to change anything, so I could continue exactly the way I am, and that would be perfect, and it would be perfect, also, to change.

Real freedom doesn't mean change. Real freedom means the freedom to not change as well. Isn't it true that nothing needs to be different? Then everything's perfect, right now, already. The difference between feeling the whole world is perfect, and not feeling it, is feeling that something needs to be changed (feel means believe). There are things I want you to change, but to believe they need to be changed...

That's perfection, to want things to change. To need things to change is not--that's the same as saying that they are not perfect.

We're dealing with the fundamental freedom of the whole universe. Nothing *needs to be* in the whole universe--I only know that because I know nobody needs to be unhappy. You are at this moment everything you need to be. If you stop at this moment and call it an end product, it is exactly what it is supposed to be, because it was necessarily caused by the history of the universe up 'til now. So for people to believe that they are not what they are supposed to be seems very contrary to all reality, because everything that is now, had to be because of the history of the universe.

So it's very strange to have a world based on "I'm not the way I'm supposed to be and people aren't acting the way they are supposed to act." It's so obviously

impossible. That person who just offended you, you say they shouldn't have been that way. How in the world could they have not been that way?