

# **The Option Method Institute**

Education based on the teachings of Bruce Di Marsico

[www.ChooseHappiness.net](http://www.ChooseHappiness.net)

**All People are Allowed to be Happy**

From

**Collected Writings**

**Bruce Di Marsico**

**All people are allowed to happy at all times**

*January 26, 1991*

All people are allowed to be happy at all times, forever.

This is happiness; to know you are always allowed to be happy no matter who you are, what you do and no matter what happens to you.

All people have the right to be happy.

Those who know it are happy forever.

Happiness is being allowed to be happy.

To be born is to be allowed to be happy.

Happiness is not fearing you will have no right to be happy.

Happiness is not believing you should be unhappy.

Happiness is not believing you have to be unhappy.

It is evident:

God permits you to be happy no matter what or when.

Nature permits you to be happy no matter what or when.

The only permission you need is yours to be happy all the time. You don't have to deny your happiness ever. It is not wrong to be happy always. It is merely believed to be wrong.